Calendar of I	Events	Independent Living		August 2025 Senior Star at Burgundy Place		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August cont'd 7:00 Sunday Mass on Station EWTN 291- 7am,11 am, 6pm 8:00 Church Shuttle (8am- noon) 9:00 Worship w/ Bro Larry [AR] 10:45 South Tulsa Baptist Church Live Broadcast [AR] 2:00 5 Cent Bingo [AR] 3:30 Wii Bowling [AR] 6:30 Sunday Movie [AR]			 ℰ Brain Power ℄ Exercise & Movement ℄ Expression ℄ Inner Strength ℄ Nourishment & Health ℄ Socialization ℄ Spirituality 		9:00 Stretch-Coordination and Chair exercise [AR] 10:00 Ball Fun w/Kathy [AR] 2:00 Social Hour W/ David Horne [AR] 6:30 Netflix: Movie (Almost Family) [AR]	9:00 ♣ Chair Exercise [AR] 10:30 ♣ Cactus String Art [AR] 2:00 ♠ Canasta [CK] 6:00 ♣ Independent Prayer [2nd] 6:30 ★ Dominos [CK] 6:30 ★ Evening Movie (Otherhood) [AR]
Station EWTN 291– 7am,11 am, 6pm 8:00 Church Shuttle (8am-noon) 9:00 Worship w/ Bro Larry [AR] 10:45 South Tulsa Baptist Church Live Broadcast [AR] 2:00 50 Cent Bingo [AR]	9:00 Stretch-Coordination and Chair exercise [AR] 9:30 Corn Hole [AR] 0:00 Ball Fun w/Jaime [AR] 1:00 Barbara's Boutique [[FL]] 3:00 Game Hour [AR] 6:30 Mexican Train [CK] 6:30 Ukulele Club Practice [AR]	Walgreen's Pick-Up 9:00 ♣ Stretch-Coordination and Chair exercise [AR] 9:30 ◆ Little Walmart 1:00 ♣ Beachball Volleyball [AR] 2:00 ♠ Beginner Bridge [CK] 2:30 ♣ Activities Planning Meeting [AR] 5:30 ♠ Rotary Men's Choir Practice [AR] 6:30 ♠ Dominoes [CK] 6:30 ♠ Toastmasters Speech Club Meeting [AR]	9:00 Stretch-Coordination and Chair exercise [AR] 10:30 Bible Study with Pastor Dan and Connie [AR] 2:00 Bridge [[3rd floor]] 2:00 Flower Arranging with Erica from Angel's Care [AR] 3:00 Sunshine Club: Flower Deliveries [AR] 6:00 Phase 10 Card Game [CK] 7:00 Movie Night (MaMa Mia) [AR]	Walgreen's Pick-Up 8:30 Foot Care by Caring Nurse Association [Salon] 9:00 Stretch-Coordination and Chair exercise [AR] 10:00 Tulsa Library Bookmobile [FPL] 10:30 White River Fish market and Restaurant (Broken Arrow) 1:00 Beachball Volleyball [AR] 2:00 Senior Helpers Blood Pressure Check [CK] 2:30 Food for Thought [DR] 6:30 M 50 Cent Bingo [AR]	9:00 Stretch-Coordination and Chair exercise [AR] 10:00 Ball Fun w/Jaime [AR] 1:00 Reflection and Vision (Update with the Executive Director) [AR] 2:00 Social Hour [BY] 6:30 Netflix: Movie (They Came Together) [AR]	9:00 Chair Exercise [AR] 10:30 DIY (Potpourri) [CK] 2:00 Scrabble w/ Jeff [AR] 3:30 Wii Bowling [AR] 6:00 Independent Prayer [2nd] 6:30 Dominos [CK] 6:30 Evening Movie (Mirror Mirror) [AR]
Station EWTN 291- 7am,11 am, 6pm 8:00 Church Shuttle (8am-noon) 9:00 Worship w/ Bro Larry [AR] 10:45 South Tulsa Baptist Church Live Broadcast [AR] 2:00 50 Cent Bingo [AR] 3:30 Wii Bowling [AR] 6:30 Sunday Moyie (Ll oye You) [AR]	9:00 Stretch-Coordination and Chair exercise [AR] 9:30 Corn Hole [AR] 0:00 Ball Fun w/Jaime [AR] 2:00 Virtual Tour of South Dakota [AR] 3:00 Game Hour [AR] 6:30 Mexican Train [CK] 6:30 Ukulele Club Practice [AR]	Walgreen's Pick-Up 9:00 ♠ Stretch-Coordination and Chair exercise [AR] 9:30 ♠ Little Walmart 10:15 ♠ St. Bernard's Mass [2nd] 1:00 ♠ Beachball Volleyball [AR] 2:00 ♠ Beginner Bridge [CK] 2:30 ★ Birthdays w/ Music by John Southern [DR] 5:30 ★ Rotary Men of Note Practice [AR] 6:30 ♠ Dominoes [CK] 6:30 ♠ Toastmasters Speech Club Meeting [AR]	9:00 Stretch-Coordination and Chair exercise [AR] 10:30 Bible Study with Pastor Dan and Connie [AR] 2:00 Ball Fun w/Jaime [AR] 2:00 Bridge [[3rd floor]] 3:00 Game Hour [AR] 6:00 Phase 10 Card Game [CK] 7:00 Movie Night [AR]	Walgreen's Pick-Up 9:00 ♣ Stretch-Coordination and Chair exercise [AR] 10:30 ♣ Tropical Restaurant and Bar 1:00 ♣ Beachball Volleyball [AR] 2:00 ♣ Senior Helpers Blood Pressure Check [CK] 3:00 ♠ Town Hall Meeting [DR] 6:30 ₱ 50 Cent Bingo [AR]	9:00 Stretch-Coordination and Chair exercise [AR] 10:00 Ball Fun w/Jaime [AR] 2:00 Social Hour [BY] 6:30 Netflix: Movie [AR]	9:00 ♣ Chair Exercise [AR] 10:30 ♣ Flower Wood Creations [AR] 3:30 ♣ Wii Bowling [AR] 6:00 ♣ Independent Prayer [2nd] 6:30 ★ Dominos [CK] 6:30 ★ Evening Movie [AR]
Station EWTN 291- 7am,11 am, 6pm 8:00 Church Shuttle (8am-noon) 9:00 Worship w/ Bro Larry [AR] 10:45 South Tulsa Baptist Church Live Broadcast [AR] 2:00 50 Cent Bingo [AR]	9:00 Stretch-Coordination and Chair exercise [AR] 9:30 Corn Hole [AR] 0:00 Ball Fun w/Jaime [AR] 2:00 Christian Music W/ Ron Holtz (Retired Minister) [AR] 6:30 Mexican Train [CK] 6:30 Vkulele Club Practice [AR]	Walgreen's Pick-Up 9:00 ♣ Stretch-Coordination and Chair exercise [AR] 9:30 ♣ Little Walmart 1:00 ♣ Beachball Volleyball [AR] 2:00 ♠ Beginner Bridge [CK] 5:30 ♠ Rotary Men's Choir Practice [AR] 6:30 ♠ Dominoes [CK] 6:30 ♣ Toastmasters Speech Club Meeting [AR]	9:00 Stretch-Coordination and Chair exercise [AR] 10:30 Bible Study with Pastor Dan and Connie [AR] 2:00 Ball Fun w/Jaime [AR] 2:00 Bridge [[3rd floor]] 3:00 Ambassador Meeting [AR] 6:00 Phase 10 Card Game [CK] 7:00 Movie Night [AR]	Walgreen's Pick-Up 9:00 ♣ Stretch-Coordination and Chair exercise [AR] 10:30 ◆ Cava (Lunch outing) Mediterranean Restaurant 1:00 ♣ Beachball Volleyball [AR] 2:00 ◆ Senior Helpers Blood Pressure Check [CK] 6:30 ★ 50 Cent Bingo [AR]	9:00 Stretch-Coordination and Chair exercise [AR] 10:00 Ball Fun w/Jaime [AR] 2:00 Social Hour [BY] 6:30 Netflix: Movie [AR]	9:00 Chair Exercise [AR] 10:00 Jaime W/her dog [AR] 2:00 Scrabble w/ Jeff [AR] 3:30 Wii Bowling [AR] 6:00 Independent Prayer [2nd] 6:30 Dominos [CK] 6:30 Evening Movie [AR]
Station EWTN 291 7am,11 am, 6pm 8:00 Church Shuttle (8am-noon) 9:00 Worship w/ Bro Larry [AR] 10:45 South Tulsa Baptist Church Live Broadcast [AR] 2:00 50 Cent Bingo [AR] 3:30 Wii Bowling [AR] 6:30 Sunday Movie [AR]	9:00 Stretch-Coordination and Chair exercise [AR] 9:30 Corn Hole [AR] 0:00 Ball Fun w/Jaime [AR] 3:00 Game Hour [AR] 6:30 Mexican Train [CK] 6:30 Vkulele Club Practice [AR]	Walgreen's Pick-Up 9:00 ♣ Stretch-Coordination and Chair exercise [AR] 9:30 ♣ Little Walmart 1:00 ♣ Beachball Volleyball [AR] 2:00 ♠ Beginner Bridge [CK] 2:00 ♣ Lutheran Worship Service [AR] 5:30 ★ Rotary Men of Note Practice [AR] 6:30 ♠ Dominoes [CK] 6:30 ♣ Toastmasters Speech Club Meeting [AR]	9:00 Stretch-Coordination and Chair exercise [AR] 10:30 Bible Study with Pastor Dan and Connie [AR] 2:00 Bridge [[3rd floor]] 3:00 Game Hour [AR] 6:00 Phase 10 Card Game [CK] 7:00 Movie Night [AR]	Walgreen's Pick-Up 9:00 ♣ Stretch-Coordination and Chair exercise [AR] 9:30 ♣ Big Walmart (Bixby) 10:30 ♣ Wildflower Cafe (American Food) 1:00 ♣ Beachball Volleyball [AR] 2:00 ♣ Senior Helpers Blood Pressure Check [CK] 6:30 ★ 50 Cent Bingo [AR]	9:00 Stretch-Coordination and Chair exercise [AR] 10:00 Ball Fun w/Jaime [AR] 2:00 Social Hour [BY] 6:30 Netflix: Movie [AR]	9:00 Chair Exercise [AR] 10:30 Key Chain Bracelets Remake [AR] 3:30 Wii Bowling [AR] 6:00 Independent Prayer [2nd] 6:30 Dominos [CK] 6:30 Evening Movie [AR]