

Calendar of Events		Independent Living						August 2026	
Senior Star at Burgundy Place		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
August cont'd 30 7:00 ☀ Sunday Mass on Station EWTN 291-- 7am,11 am, 6pm 8:00 ☀ Church Shuttle (8am-noon) 9:00 ☀ Worship w/ Brother Larry [AR] 2:00 🎲 50 Cent Bingo [AR] 6:30 🎲 Sunday Movie [AR]		31 9:00 🧘 Stretch & Move: Chair-Based Class [AR] 9:30 🧘 Strength for the Ages w/Doug [AR] 10:30 🏠 Jolly Citizens - First Baptist, Jenks 3:00 🕒 News Currents, Sr. [AR] 3:30 🎮 Wii Bowling For Everyone 6:30 🕒 Mexican Train [CK] 6:30 🎸 Ukulele Club Practice [AR]	Zanzibar is known as the "Spice Island" because it grows cloves, cinnamon, nutmeg, vanilla, and many other fragrant spices.	Zumba Gold is specially adapted for older adults, offering all the fun of Zumba at a pace that's comfortable and easy to follow.	🧠 Brain Power 🧘 Exercise & Movement 🎨 Expression 💜 Inner Strength 🍏 Nourishment & Health 🎲 Socialization ☀ Spirituality	News Currents SR isn't just about today's headlines—it also features amazing "Did You Know?" stories, historical events, scientific discoveries, and interesting facts from around the world	9:00 🧘 Chair-Based Workout [AR] 10:00 ☀ Bible Devotional with Shirley B. [2nd] 1:00 🕒 Chinese Mahjong [3rd] 6:30 🎲 Evening Movie (The 5 Year Engagement) [AR]		
2 7:00 ☀ Sunday Mass on Station EWTN 291-- 7am,11 am, 6pm 8:00 ☀ Church Shuttle (8am-noon) 9:00 ☀ Worship w/ Brother Larry [AR] 2:00 🎲 50 Cent Bingo [AR] 6:30 🎲 Sunday Movie (Father of the Bride) [AR]		3 9:00 🧘 Stretch & Move: Chair-Based Class [AR] 11:00 🎨 Reader's Theater [AR] 3:00 🕒 News Currents, Sr. [AR] 3:15 💜 Mineral Mask Experience [CK] 3:30 🎮 Wii Bowling For Everyone 6:30 🕒 Mexican Train [CK] 6:30 🎸 Ukulele Club Practice [AR]	4 Personal Errand Day / Walgreens Pick-Up 9:00 🧘 Stretch & Move: Chair-Based Class [AR] 9:30 🍏 Neighborhood Walmart 1:00 🎮 Beachball Volleyball [AR] 2:00 🎮 Zumba Gold [AR] 3:30 🕒 Activity Planning Meeting [AR] 6:30 🕒 Dominoes [CK] 6:30 🕒 Toastmasters Speech Club Meeting [AR]	5 9:00 🧘 Stretch & Move: Chair-Based Class [AR] 9:30 🧘 Strength & Stretch with Sean from Prohab Therapy Specialists [AR] 10:30 ☀ Bible Study with Pastor Dan and Connie [AR] 1:00 🎨 Flowers for Friends w/Erica [CK] 2:00 🕒 Bridge [3rd] 2:00 💜 Sunshine Club: Flower Deliveries [CK] 3:00 🕒 Game Time [AR] 6:00 🕒 Phase 10 Card Game [CK] 6:30 🎲 Movie Night [AR]	6 Personal Errand Day / Walgreens Pick-Up 9:00 🧘 Stretch & Move: Chair-Based Class [AR] 9:30 🎮 Corn Hole [AR] 9:30 💜 Walk & Talk [BY] 10:00 🎨 Acrylic Painting for Beginners and/or Advanced Instruction [CK] 10:00 🕒 Tulsa Library Bookmobile [FPL] 1:00 🎮 Beachball Volleyball [AR] 2:00 🍏 Senior Helpers Blood Pressure Check [CK] 2:30 🎨 Food for Thought [DR] 6:30 🎲 50 Cent Bingo [AR]	7 9:00 🧘 Stretch & Move: Chair-Based Class [AR] 9:00 🕒 Tech Class (iphone, Android, Tablets) [CK] 9:30 🧘 Strength & Flexibility Class [AR] 10:30 🎲 Mother Road Market & Anybody's Guest Outing 2:30 🎲 Mix & Mingle Social [AR] 3:30 🎮 Shapemaster Exercise Machine Instruction [6th] 6:30 🎲 Netflix: Movie [AR]	8 9:00 🧘 Chair-Based Workout [AR] 10:00 ☀ Bible Devotional with Shirley B. [2nd] 1:00 🕒 Chinese Mahjong [3rd] 2:00 🕒 Scrabble w/ Jeff [AR] 6:30 🎲 Evening Movie [AR]		
9 7:00 ☀ Sunday Mass on Station EWTN 291-- 7am,11 am, 6pm 8:00 ☀ Church Shuttle (8am-noon) 9:00 ☀ Worship w/ Brother Larry [AR] 2:00 🎲 50 Cent Bingo [AR] 6:30 🎲 Sunday Movie [AR]		10 9:00 🧘 Stretch & Move: Chair-Based Class [AR] 9:30 🧘 Strength for the Ages w/Doug [AR] 10:30 💜 Strong Hands Therapy Class [CK] 11:00 🎲 Barbara's Boutique 11:00 🎨 Reader's Theater [AR] 2:00 🎨 Special Music w/Ron Holtz [AR] 3:00 🕒 News Currents, Sr. [AR] 3:30 🎮 Wii Bowling For Everyone 4:30 🍏 Northern Lights Dinner Experience [DR] 6:30 🕒 Mexican Train [CK] 6:30 🎸 Ukulele Club Practice [AR]	11 Personal Errand Day / Walgreens Pick-Up 9:00 🧘 Stretch & Move: Chair-Based Class [AR] 9:30 🍏 Neighborhood Walmart 10:15 ☀ St. Bernard's Mass [2nd] 11:00 🎨 Mary Kay w/ Dawn [LVR] 11:00 💜 Relax & Restore Chair Yoga [AR] 1:00 🎮 Beachball Volleyball [AR] 2:30 🎲 Residents Birthday Party w/John Southern [AR] 3:30 🎨 Wilma's Sing-A-Long [AR] 6:30 🕒 Dominoes [CK] 6:30 🕒 Toastmasters Speech Club Meeting [AR]	12 9:00 🧘 Stretch & Move: Chair-Based Class [AR] 9:30 🧘 Strength & Stretch with Sean from Prohab Therapy Specialists [AR] 10:30 ☀ Bible Study with Pastor Dan and Connie [AR] 11:00 🍏 Amish Goods w/Tim Turner [LVR] 1:00 🎮 Drumming Fun w/Mati from Complete OK [AR] 2:00 🕒 Bridge [3rd] 3:00 🕒 Game Time [AR] 6:00 🕒 Phase 10 Card Game [CK] 6:30 🎲 Movie Night [AR]	13 Personal Errand Day / Walgreens Pick-Up 9:00 🧘 Stretch & Move: Chair-Based Class [AR] 9:30 🎮 Corn Hole [AR] 9:30 💜 Walk & Talk [BY] 10:00 🎨 Acrylic Painting for Beginners and/or Advanced Instruction [CK] 1:00 🎮 Beachball Volleyball [AR] 2:00 🍏 Senior Helpers Blood Pressure Check [CK] 2:30 🎨 Cookies and Comic Strips [CK] 3:00 🕒 Town Hall Meeting [DR] 6:30 🎲 50 Cent Bingo [AR]	14 9:00 🧘 Stretch & Move: Chair-Based Class [AR] 9:30 🧘 Strength & Flexibility Class [AR] 10:30 🎲 Macy's Department Store Outing 1:30 🕒 Tech Class (iphone, Android, Tablets) [CL] 2:30 🎲 New Resident Welcome Social [AR] 3:30 🎨 Blueberry Stained and Beautiful [CK] 6:30 🎲 Netflix: Movie [AR]	15 9:00 🧘 Chair-Based Workout [AR] 10:00 ☀ Bible Devotional with Shirley B. [2nd] 1:00 🕒 Chinese Mahjong [3rd] 6:30 🎲 Evening Movie [AR]		
16 7:00 ☀ Sunday Mass on Station EWTN 291-- 7am,11 am, 6pm 8:00 ☀ Church Shuttle (8am-noon) 9:00 ☀ Worship w/ Brother Larry [AR] 2:00 🎲 50 Cent Bingo [AR] 6:30 🎲 Sunday Movie [AR]		17 9:00 🧘 Stretch & Move: Chair-Based Class [AR] 9:30 🧘 Strength for the Ages w/Doug [AR] 1:30 💜 Cookies & Comic Strips [CK] 3:00 🕒 News Currents, Sr. [AR] 3:30 🎮 Wii Bowling For Everyone 6:30 🕒 Mexican Train [CK] 6:30 🎸 Ukulele Club Practice [AR]	18 Personal Errand Day / Walgreens Pick-Up 9:00 🧘 Stretch & Move: Chair-Based Class [AR] 9:30 🍏 Neighborhood Walmart 1:00 🎮 Beachball Volleyball [AR] 2:00 🎮 Zumba Gold [AR] 3:30 🎨 Wilma's Sing-A-Long [AR] 4:00 🎲 Dinner Club (Bradford Grill) 6:30 🕒 Dominoes [CK] 6:30 🕒 Toastmasters Speech Club Meeting [AR]	19 9:00 🧘 Stretch & Move: Chair-Based Class [AR] 9:30 🧘 Strength & Stretch with Sean from Prohab Therapy Specialists [AR] 10:30 ☀ Bible Study with Pastor Dan and Connie [AR] 2:00 🕒 Bridge [3rd] 3:00 🕒 Game Time [AR] 6:00 🕒 Phase 10 Card Game [CK] 6:30 🎲 Movie Night [AR]	20 Personal Errand Day / Walgreens Pick-Up 9:00 🧘 Stretch & Move: Chair-Based Class [AR] 9:30 🎮 Corn Hole [AR] 9:30 💜 Walk & Talk [BY] 10:00 🎨 Acrylic Painting for Beginners and/or Advanced Instruction [CK] 1:00 🕒 Lori Fullbright Channel 6 News [DR] 2:00 🍏 Senior Helpers Blood Pressure Check [CK] 3:00 🕒 Family Feud w/Mati from Complete OK [AR] 6:30 🎲 50 Cent Bingo [AR]	21 9:00 🧘 Stretch & Move: Chair-Based Class [AR] 9:30 🧘 Strength & Flexibility Class [AR] 10:30 🕒 Museum of Tulsa History Outing 1:00 🎮 Beachball Volleyball [AR] 2:30 🎲 Mix & Mingle Social [AR] 3:30 🕒 Tech Class (iphone, Android, Tablets) [CK] 6:30 🎲 Netflix: Movie [AR]	22 9:00 🧘 Chair-Based Workout [AR] 10:00 ☀ Bible Devotional with Shirley B. [2nd] 1:00 🕒 Chinese Mahjong [3rd] 2:00 🕒 Scrabble w/ Jeff [AR] 6:30 🎲 Evening Movie [AR]		
23 7:00 ☀ Sunday Mass on Station EWTN 291-- 7am,11 am, 6pm 8:00 ☀ Church Shuttle (8am-noon) 9:00 ☀ Worship w/ Brother Larry [AR] 2:00 🎲 50 Cent Bingo [AR] 6:30 🎲 Sunday Movie [AR]		24 9:00 🧘 Stretch & Move: Chair-Based Class [AR] 9:30 🧘 Strength for the Ages w/Doug [AR] 10:30 💜 Strong Hands Therapy Class [CK] 3:00 🕒 News Currents, Sr. [AR] 3:30 🎮 Wii Bowling For Everyone 6:30 🕒 Mexican Train [CK] 6:30 🎸 Ukulele Club Practice [AR]	25 Personal Errand Day / Walgreens Pick-Up 9:00 🧘 Stretch & Move: Chair-Based Class [AR] 9:30 🍏 Neighborhood Walmart 11:00 🎨 Election Day Voting 12:00 💜 Relax & Restore Chair Yoga [AR] 1:00 🎮 Beachball Volleyball [AR] 2:30 🍏 Pastry Tasting [CK] 3:30 🎨 Wilma's Sing-A-Long [AR] 6:30 🕒 Dominoes [CK] 6:30 🕒 Toastmasters Speech Club Meeting [AR]	26 9:00 🧘 Stretch & Move: Chair-Based Class [AR] 9:30 🧘 Strength & Stretch with Sean from Prohab Therapy Specialists [AR] 10:30 ☀ Bible Study with Pastor Dan and Connie [AR] 2:00 🕒 Bridge [3rd] 3:00 🕒 Game Time [AR] 6:00 🕒 Phase 10 Card Game [CK] 6:30 🎲 Movie Night [AR]	27 Personal Errand Day / Walgreens Pick-Up 9:00 🧘 Stretch & Move: Chair-Based Class [AR] 9:30 🍏 Bixby Walmart 9:30 🎮 Corn Hole [AR] 9:30 💜 Walk & Talk [BY] 10:00 🎨 Acrylic Painting for Beginners and/or Advanced Instruction [CK] 1:00 🎮 Beachball Volleyball [AR] 2:00 🍏 Senior Helpers Blood Pressure Check [CK] 2:30 🎨 Craft Time w/Kyleigh from TruHeart [AR] 6:30 🎲 50 Cent Bingo [AR]	28 9:00 🧘 Stretch & Move: Chair-Based Class [AR] 9:30 🧘 Strength & Flexibility Class [AR] 10:30 🎲 Pink House Restaurant Outing in Claremore 2:30 🎨 Special Music w/John Southern [DR] 3:30 🕒 Tech Class (iphone, Android, Tablets) [CL] 3:30 🎨 Terracotta Creations [CK] 6:30 🎲 Netflix: Movie [AR]	29 9:00 🧘 Chair-Based Workout [AR] 10:00 ☀ Bible Devotional with Shirley B. [2nd] 1:00 🕒 Chinese Mahjong [3rd] 6:30 🎲 Evening Movie [AR]		
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