

Calendar of Events Independent Living October 2026 Senior Star at Burgundy Place						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bora Bora is a beautiful island in French Polynesia, famous for its crystal-clear turquoise lagoon, lush green mountains, coral reefs, and iconic overwater bungalows.	Get moving and have fun with Zumba Gold, a low-impact dance fitness class designed to keep you active, energized, and smiling!	Brain Power Exercise & Movement Expression Inner Strength Nourishment & Health Socialization Spirituality	Discover some fun and surprising tidbits you may not know with News Currents Sr., lighthearted look at interesting facts, current events, and fascinating stories from around the world!	Personal Errand Day / Walgreens Pick-Up 1 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Corn Hole [AR] 9:30 Walk & Talk [BY] 10:00 Acrylic Painting for Beginners and/or Advanced Instruction [AR] 10:00 Tulsa Library Bookmobile [FPL] 1:00 Beachball Volleyball [AR] 2:00 Senior Helpers Blood Pressure Check [CK] 2:30 Food for Thought [DR] 3:30 Book Club Meeting [4th] 6:30 50 Cent Bingo [AR]	2 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength & Flexibility Class [AR] 10:30 Pumpkin Patch Excursion 1:00 Tech Class (iphone, Android, Tablets) [CL] 2:00 Shapemaster Exercise Machine Instruction [6th] 6:00 Healing After the Loss of a Husband [CK] 6:30 Classic Movie: [AR]	3 9:00 Chair-Based Workout [AR] 10:00 Bible Devotional with Shirley B. [2nd] 1:00 Chinese Mahjong [3rd] 3:30 Wii Bowling for Everyone [AR]
4 7:00 Sunday Mass on Station EWTN 291-- 7am,11 am, 6pm 8:00 Church Shuttle (8am-noon) 9:00 Worship w/ Brother Larry [AR] 10:00 Request A Hymn w/Ann [AR] 2:00 50 Cent Bingo [AR] 6:30 Sunday Movie [AR]	5 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength for the Ages w/ Doug [AR] 10:30 Depart for Jolly Citizens (Canned Goods) 2:30 SSA Presentation: "Bora Bora Explored" [AR] 2:45 News Currents, Sr. [AR] 3:00 Wii Bowling In-House League [AR] 6:30 Mexican Train [CK] 6:30 Ukulele Club Practice [AR]	6 Personal Errand Day / Walgreens Pick-Up 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Neighborhood Walmart 1:00 Beachball Volleyball [AR] 2:00 Zumba Gold [AR] 3:30 Activity Planning Meeting [AR] 5:30 Rotary Men of Note Practice [AR] 6:30 Phase 10 Card Game [CK] 6:30 Toastmasters Speech Club Meeting [AR]	7 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength & Stretch with Sean from Prohab Therapy Specialists [AR] 10:30 Bible Study with Pastor Dan and Connie [AR] 1:00 Flowers for Friends w/Erica [CK] 2:00 Bridge [3rd] 2:00 Sunshine Club: Flower Deliveries [CK] 3:00 A Fall-tastic Craft [AR] 6:30 Wii Bowling for Everyone [AR]	8 Personal Errand Day / Walgreens Pick-Up 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Corn Hole [AR] 9:30 Walk & Talk [BY] 10:00 Acrylic Painting for Beginners and/or Advanced Instruction [AR] 11:30 Taco 'Bout Lunch Outing 1:00 Beachball Volleyball [AR] 2:00 Senior Helpers Blood Pressure Check [CK] 3:00 Town Hall Meeting [DR] 6:30 50 Cent Bingo [AR]	9 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength & Flexibility Class [AR] 10:30 Holiday Craft, Food & Gift Bazaar Outing 1:00 Tech Class (iphone, Android, Tablets) [CL] 2:30 Mix & Mingle Social [AR] 6:00 Healing After the Loss of a Husband [CK] 6:30 Classic Movie: [AR]	10 9:00 Chair-Based Workout [AR] 10:00 Bible Devotional with Shirley B. [2nd] 1:00 Chinese Mahjong [3rd] 2:00 Scrabble w/ Jeff [CK] 3:30 Wii Bowling for Everyone [AR]
11 7:00 Sunday Mass on Station EWTN 291-- 7am,11 am, 6pm 8:00 Church Shuttle (8am-noon) 9:00 Worship w/ Brother Larry [AR] 2:00 50 Cent Bingo [AR] 6:30 Sunday Movie [AR]	12 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength for the Ages w/ Doug [AR] 10:30 Relax & Restore Chair Yoga [AR] 11:00 Barbara's Boutique 2:00 Musical Guest/Ron Holtz [AR] 2:45 News Currents, Sr. [AR] 3:00 Wii Bowling In-House League [AR] 6:30 Mexican Train [CK] 6:30 Tropical Twilight Social w/Ukulele Club [AR]	13 Personal Errand Day / Walgreens Pick-Up 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Neighborhood Walmart 10:15 St. Bernard's Mass [2nd] 10:30 Glenpool Senior Fair Outing 11:00 Mary Kay w/ Dawn [LVR] 1:00 Beachball Volleyball [AR] 2:30 Residents Birthday Party w/Randy C. [DR] 3:30 Wilma's Sing-A-Long [AR] 5:30 Rotary Men of Note Practice [AR] 6:30 Phase 10 Card Game [CK] 6:30 Toastmasters Speech Club Meeting [AR]	14 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength & Stretch with Sean from Prohab Therapy Specialists [AR] 10:30 Bible Study with Pastor Dan and Connie [AR] 11:00 Amish Goods w/Tim Turner [LVR] 2:00 Bridge [3rd] 2:30 Hit-Men w/Fred Meyers [AR] 6:30 Wii Bowling for Everyone [AR]	15 Personal Errand Day / Walgreens Pick-Up 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Corn Hole [AR] 9:30 Walk & Talk [BY] 10:00 Acrylic Painting for Beginners and/or Advanced Instruction [AR] 1:00 Beachball Volleyball [AR] 2:00 Senior Helpers Blood Pressure Check [CK] 6:30 50 Cent Bingo [AR]	16 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength & Flexibility Class [AR] 10:30 Hobby Lobby/Mardel's Outing 1:00 Tech Class (iphone, Android, Tablets) [CL] 2:30 Special Music w/M.T. Nesters [DR] 6:00 Healing After the Loss of a Husband [CK] 6:30 Classic Movie: [AR]	17 9:00 Chair-Based Workout [AR] 10:00 Bible Devotional with Shirley B. [2nd] 1:00 Chinese Mahjong [3rd] 3:30 Wii Bowling for Everyone [AR]
18 7:00 Sunday Mass on Station EWTN 291-- 7am,11 am, 6pm 8:00 Church Shuttle (8am-noon) 9:00 Worship w/ Brother Larry [AR] 2:00 50 Cent Bingo [AR] 6:30 Sunday Movie [AR]	19 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength for the Ages w/ Doug [AR] 10:30 Lime-Scented Sugar Scrub Project [CK] 2:00 Create & Taste (Coconut-Lime No Bake Bites) 2:45 News Currents, Sr. [AR] 3:00 Wii Bowling In-House League [AR] 6:30 Mexican Train [CK] 6:30 Ukulele Club Practice [AR]	20 Personal Errand Day / Walgreens Pick-Up 9:00 Foot Care by Toes & Soles w/ Shirley H. [SLN] 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Neighborhood Walmart 1:00 Beachball Volleyball [AR] 2:00 Zumba Gold [AR] 4:00 Dinner Club (Margaritaville) 5:30 Rotary Men of Note Practice [AR] 6:30 Phase 10 Card Game [CK] 6:30 Toastmasters Speech Club Meeting [AR]	21 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength & Stretch with Sean from Prohab Therapy Specialists [AR] 10:30 Bible Study with Pastor Dan and Connie [AR] 2:00 Bridge [3rd] 3:00 Game Time [CK] 6:30 Wii Bowling for Everyone [AR]	22 Personal Errand Day / Walgreens Pick-Up 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Corn Hole [AR] 9:30 Walk & Talk [BY] 10:00 Acrylic Painting for Beginners and/or Advanced Instruction [AR] 1:00 Beachball Volleyball [AR] 2:00 Senior Helpers Blood Pressure Check [CK] 3:30 Wilma's Sing-A-Long [AR] 6:30 50 Cent Bingo [AR]	23 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength & Flexibility Class [AR] 11:00 Tropical Smoothie Cafe Outing 1:00 Tech Class (iphone, Android, Tablets) [CL] 2:30 Mix & Mingle Social [AR] 6:00 Healing After the Loss of a Husband [CK] 6:30 Classic Movie: [AR]	24 9:00 Chair-Based Workout [AR] 10:00 Bible Devotional with Shirley B. [2nd] 1:00 Chinese Mahjong [3rd] 2:00 Scrabble w/ Jeff [CK] 3:30 Wii Bowling for Everyone [AR]
25 7:00 Sunday Mass on Station EWTN 291-- 7am,11 am, 6pm 8:00 Church Shuttle (8am-noon) 9:00 Worship w/ Brother Larry [AR] 2:00 50 Cent Bingo [AR] 6:30 Sunday Movie [AR]	26 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength for the Ages w/Doug [AR] 10:30 Relax & Restore Chair Yoga [AR] 2:45 News Currents, Sr. [AR] 3:00 Wii Bowling In-House League [AR] 6:30 Mexican Train [CK] 6:30 Ukulele Club Practice [AR]	27 Personal Errand Day / Walgreens Pick-Up 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Neighborhood Walmart 1:00 Beachball Volleyball [AR] 3:30 Framed by the Sea Craft [CK] 5:30 Rotary Men of Note Practice [AR] 6:30 Phase 10 Card Game [CK] 6:30 Toastmasters Speech Club Meeting [AR]	28 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength & Stretch with Sean from Prohab Therapy Specialists [AR] 10:30 Bible Study with Pastor Dan and Connie [AR] 2:00 Bridge [3rd] 3:00 Game Time [CK] 6:30 Wii Bowling for Everyone [AR]	29 Personal Errand Day / Walgreens Pick-Up 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Bixby Walmart 9:30 Corn Hole [AR] 9:30 Walk & Talk [BY] 10:00 Acrylic Painting for Beginners and/or Advanced Instruction [AR] 1:00 Beachball Volleyball [AR] 2:00 Senior Helpers Blood Pressure Check [CK] 3:30 Wilma's Sing-A-Long [AR] 4:30 Halloween Harvest Fest [BY] 6:30 50 Cent Bingo [AR]	30 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength & Flexibility Class [AR] 10:00 Aromatherapy [CK] 10:30 Coffee @ Queenies Outing 1:00 Tech Class (iphone, Android, Tablets) [CL] 2:30 Special Music w/John Southern [AR] 6:00 Healing After the Loss of a Husband [CK] 6:30 Classic Movie: [AR]	31 Halloween 9:00 Chair-Based Workout [AR] 10:00 Bible Devotional with Shirley B. [2nd] 1:00 Chinese Mahjong [3rd] 3:30 Wii Bowling for Everyone [AR]