Calendar of Events — Independent Living

November 2026

Senior Star at Burgundy Place

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daylight Saving Time Begins (Turn Clocks Back 1 Hour) 1 7:00 Sunday Mass on Station EWTN 291-- 7am,11 am, 6pm 8:00 Church Shuttle (8am-noon) 9:00 Worship w/ Brother Larry [AR] 10:00 Request A Hymn w/Ann [AR] 2:00 50 Cent Bingo [AR] 6:30 Sunday Movie (What They Had) [AR]	2 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength for the Ages w/Doug [AR] 10:30 Depart for Jolly Citizens (Unwrapped Toy Drive) 2:00 News Currents, Sr. [AR] 3:00 Wii Bowling In-House League [AR] 6:30 Mexican Train [CK] 6:30 Ukulele Club Practice [AR]	**Election Day** **Personal Errand Day / Walgreens Pick-Up** 3 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Neighborhood Walmart 10:00 Acrylic Painting for Beginners and/or Advanced Instruction [CK] 10:30 Gilcrease Museum Presentation (Portraits & Faces) [AR] 11:00 Election Day Voting 1:00 Beachball Volleyball [AR] 2:00 Zumba Gold [AR] 3:00 Wilma's Sing-A-Long [AR] 5:30 Rotary Men of Note Practice [AR] 6:30 Phase 10 Card Game [CK] 6:30 Toastmasters Speech Club Meeting [AR]	4 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength & Stretch w/ Sean [AR] 10:30 Bible Study with Pastor Dan and Connie [AR] 1:00 Flowers for Friends w/Erica [CK] 2:00 Bridge [3rd] 2:00 Sunshine Club: Flower Deliveries [CK] 3:00 Let's Explore Tahiti [AR] 3:30 Activity Planning Meeting [AR] 6:30 Wii Bowling for Everyone [AR]	**National Doughnut Day!** **Personal Errand Day / Walgreens Pick-Up** 5 8:00 Tai Chi @ St. Francis Hospital 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Walk & Talk [BY] 10:00 Acrylic Painting for Beginners and/or Advanced Instruction [AR] 10:00 Tulsa Library Bookmobile [FPL] 1:00 Beachball Volleyball [AR] 2:00 Senior Helpers Blood Pressure Check [CK] 2:30 Food for Thought [DR] 3:00 Wilma's Sing-A-Long [AR] 3:30 Book Club Gathering [4th] 6:30 50 Cent Bingo [AR]	6 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength & Flexibility Class [AR] 10:00 Shapemaster Exercise Machine Instruction [6th] 11:00 Tech Class (iphone, Android, Tablets) [CL] 1:00 The Peach Cobbler Factory Outing 2:30 Special Music w/Jim Tate [DR] 6:00 Healing After the Loss of a Husband [CK] 6:30 Classic Movie: [AR]	7 9:00 Chair-Based Workout [AR] 10:00 Bible Devotional with Shirley B. [2nd] 1:00 Chinese Mahjong [3rd] 3:30 Wii Bowling for Everyone [AR] 6:30 Saturday Night Movie [AR]
7:00 Sunday Mass on Station EWTN 291-- 7am,11 am, 6pm 8 8:00 Church Shuttle (8am-noon) 9:00 Worship w/ Brother Larry [AR] 10:00 Request A Hymn w/Ann [AR] 2:00 50 Cent Bingo [AR] 6:30 Sunday Movie [AR]	9 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength for the Ages w/Doug [AR] 10:30 News Currents, Sr. [AR] 11:00 Barbara's Boutique 2:00 Musical Guest/Ron Holtz [AR] 3:00 Wii Bowling In-House League [AR] 6:30 Mexican Train [CK] 6:30 Ukulele Club Practice [AR]	**Personal Errand Day / Walgreens Pick-Up** 10 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Neighborhood Walmart 10:00 Acrylic Painting for Beginners and/or Advanced Instruction [CK] 10:15 St. Bernard's Mass [2nd] 11:00 Mary Kay w/ Dawn [LVR] 1:00 Beachball Volleyball [AR] 2:30 Residents Birthday Party w/Tim Turner [DR] 3:30 Wilma's Sing-A-Long [AR] 5:30 Rotary Men of Note Practice [AR] 6:30 Phase 10 Card Game [CK] 6:30 Toastmasters Speech Club Meeting [AR]	**Veterans Day** 11 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength & Stretch w/Sean [AR] 10:30 Bible Study with Pastor Dan and Connie [AR] 11:00 Amish Goods w/Tim Turner [LVR] 2:00 Bridge [3rd] 4:30 Honoring Our Heroes: A Veterans Day Dinner [DR] 6:30 Wii Bowling for Everyone [AR]	**Personal Errand Day / Walgreens Pick-Up** 12 8:00 Tai Chi @ St. Francis Hospital 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Walk & Talk [BY] 10:00 Acrylic Painting for Beginners and/or Advanced Instruction [AR] 1:00 Beachball Volleyball [AR] 2:00 Senior Helpers Blood Pressure Check [CK] 3:00 Town Hall Meeting [DR] 6:30 50 Cent Bingo [AR]	13 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength & Flexibility Class [AR] 10:30 Dillard's Clearance Center Outing 3:30 Aroma of Aloha Spa Afternoon [AR] 6:00 Healing After the Loss of a Husband [CK] 6:30 Classic Movie: [AR]	14 9:00 Chair-Based Workout [AR] 10:00 Bible Devotional with Shirley B. [2nd] 1:00 Chinese Mahjong [3rd] 2:00 Scrabble w/ Jeff [CK] 3:30 Wii Bowling for Everyone [AR] 6:30 Saturday Night Movie [AR]
7:00 Sunday Mass on Station EWTN 291-- 7am,11 am, 6pm 15 8:00 Church Shuttle (8am-noon) 9:00 Worship w/ Brother Larry [AR] 10:00 Request A Hymn w/Ann [AR] 2:00 50 Cent Bingo [AR] 6:30 Sunday Movie [AR]	16 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength for the Ages w/Doug [AR] 10:30 News Currents, Sr. [AR] 1:00 Later is Greater Wellness Presentation w/Jana [AR] 2:00 Kiwi Vanilla Parfaits Demo [CK] 3:30 Championship Day: Wii Bowling [AR] 6:30 Mexican Train [CK] 6:30 Ukulele Club Practice [AR]	**Personal Errand Day / Walgreens Pick-Up** 17 9:00 Foot Care by Toes & Soles w/ Shirley H. [SLN] 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Neighborhood Walmart 10:00 Acrylic Painting for Beginners and/or Advanced Instruction (Moved to Thursday this Week) [CK] 10:30 Hearts & Hands Across Generations [AR] 1:00 Beachball Volleyball [AR] 2:00 Zumba Gold [AR] 4:00 Dinner Club (Outback Steakhouse) 5:30 Rotary Men of Note Practice [AR] 6:30 Phase 10 Card Game [CK] 6:30 Toastmasters Speech Club Meeting [AR]	18 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength & Stretch w/ Sean [AR] 10:30 Bible Study with Pastor Dan and Connie [AR] 1:00 Game Time w/Kyleigh from TruHeart [AR] 2:00 Bridge [3rd] 3:00 Wisdom Through The Ages [AR] 6:30 Wii Bowling for Everyone [AR]	**Personal Errand Day / Walgreens Pick-Up** 19 8:00 Tai Chi @ St. Francis Hospital 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Bixby Walmart Outing 9:30 Walk & Talk [BY] 10:00 Acrylic Painting for Beginners and/or Advanced Instruction [AR] 1:00 Beachball Volleyball [AR] 2:00 Senior Helpers Blood Pressure Check [CK] 6:30 50 Cent Bingo [AR]	20 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength & Flexibility Class [AR] 10:30 Ida Red Outing 1:00 Tech Class (iphone, Android, Tablets) [CL] 2:30 Hyde Park 5 Concert [DR] 6:00 Healing After the Loss of a Husband [CK] 6:30 Classic Movie: [AR]	21 9:00 Chair-Based Workout [AR] 10:00 Bible Devotional with Shirley B. [2nd] 1:00 Chinese Mahjong [3rd] 3:30 Wii Bowling for Everyone [AR] 6:30 Saturday Night Movie [AR]
7:00 Sunday Mass on Station EWTN 291-- 7am,11 am, 6pm 22 8:00 Church Shuttle (8am-noon) 9:00 Worship w/ Brother Larry [AR] 10:00 Request A Hymn w/Ann [AR] 2:00 50 Cent Bingo [AR] 6:30 Sunday Movie [AR]	23 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength for the Ages w/ Doug [AR] 10:30 News Currents, Sr. [AR] 1:00 Gratitude Circle [AR] 3:00 Mario Kart Grand Prix [AR] 6:30 Mexican Train [CK] 6:30 Ukulele Club Practice [AR]	**Personal Errand Day / Walgreens Pick-Up** 24 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Neighborhood Walmart 10:00 Acrylic Painting for Beginners and/or Advanced Instruction [CK] 1:00 Beachball Volleyball [AR] 3:30 Vanilla Bean Sachets [CK] 5:30 Rotary Men of Note Practice [AR] 6:30 Phase 10 Card Game [CK] 6:30 Toastmasters Speech Club Meeting [AR]	25 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength & Stretch w/ Sean [AR] 10:30 Bible Study with Pastor Dan and Connie [AR] 2:00 Bridge [3rd] 2:00 Senior Helpers Blood Pressure Check [CK] 3:00 Game Time [CK] 6:30 Wii Bowling for Everyone [AR]	**Happy Thanksgiving** **NO TRANSPORTATION AVAILABLE TODAY** 26 9:00 Stretch & Move: Chair-Based Class [AR] 11:30 Giving Thanks Together Thanksgiving Meal [DR] 6:30 50 Cent Bingo [AR]	27 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength & Flexibility Class [AR] 10:30 The Great Turkey Day Scavenger Hunt [CL] 1:00 Tech Class (iphone, Android, Tablets) [CL] 2:30 Special Music w/John Southern [AR] 6:00 Healing After the Loss of a Husband [CK] 6:30 Classic Movie: [AR]	28 9:00 Chair-Based Workout [AR] 10:00 Bible Devotional with Shirley B. [2nd] 1:00 Chinese Mahjong [3rd] 2:00 Scrabble w/ Jeff [CK] 3:30 Wii Bowling for Everyone [AR] 6:30 Saturday Night Movie [AR]
7:00 Sunday Mass on Station EWTN 291-- 7am,11 am, 6pm 29 8:00 Church Shuttle (8am-noon) 9:00 Worship w/ Brother Larry [AR] 10:00 Request A Hymn w/Ann [AR] 2:00 50 Cent Bingo [AR] 6:30 Sunday Movie [AR]	30 9:00 Stretch & Move: Chair-Based Class [AR] 9:30 Strength for the Ages w/ Doug [AR] 2:00 News Currents, Sr. [AR] 3:00 Mario Kart Grand Prix [AR] 6:30 Mexican Train [CK] 6:30 Ukulele Club Practice [AR]	We're headed to Tahiti this month, where turquoise waters, tropical beauty, and island magic create a little slice of paradise!	Get moving, enjoy a few laughs, and feel great with Zumba Gold. A fun, low-impact workout that brings music, movement, and smiles to every session!	Brain Power Exercise & Movement Expression Inner Strength Nourishment & Health Socialization Spirituality	Stay informed and spark lively conversations with News Currents Sr., where interesting stories, and different perspectives keep minds active.	Join us on November 11 for Honoring Our Heroes, a special dinner celebrating the courage, service, and sacrifices of our veterans who have helped protect the freedoms we cherish.